

Marskin kisat 8.6.2019 Alustava aikataulu (päivitetty 4.6.2019)

| | | |
|-------|---------------|-------------|
| 11.00 | N Seiväs | |
| 13.15 | M Seiväs | |
| 13.30 | M Kiekko | Kirkkolahti |
| 14.00 | M Pituus | |
| 14.00 | P15 100m aj | |
| 14.10 | N 100m aj | |
| 14.20 | N17 100m aj | |
| 14.30 | T15 80m aj | erä1 |
| 14.35 | T15 80m aj | erä2 |
| 14.45 | N Kuula | Kirkkolahti |
| 14.45 | T13 60m | |
| 14.50 | P13 60m | |
| 14.55 | P+T11 60m | erä1 |
| 15.00 | T11 60m | erä2 |
| 15.10 | M 400m | erä1 |
| 15.10 | M/ M17 Keihäs | |
| 15.15 | M 400m | erä2 |
| 15.20 | N 400m | |
| 15.25 | T 15 3-Loikka | |
| 15.35 | T13 1000m | |
| 15.45 | P13 1000m | |
| 15.55 | P15 2000m | |
| 16.05 | T15 2000m | |
| 16.20 | N 200m | erä1 |
| 16.25 | N 200m | erä2 |
| 16.35 | N Pituus | |
| 16.40 | M200m | erä1 |
| 16.45 | M200m | erä2 |
| 16.45 | N/T15 Keihäs | |
| 16.50 | M200m | erä3 |
| 17.00 | T15 300m | erä1 |
| 17.05 | T15 300m | erä2 |
| 17.10 | P15 300m | erä1 |
| 17.15 | P15 300m | erä2 |
| 17.25 | N 3000m | |
| 17.40 | N 800m | |
| 17.50 | M 1500m | |